



Return of the Annual Regatta (beach activities and BBQ) - Saturday, August 5, 2023

(Lac-Tremblant-Nord, July 6, 2023) - As announced in last spring's [Mayor's Message](#), **the Regatta is back this year and will be held on Saturday, August 5 !**

In case of rain, the Regatta will take place the following day, Sunday, August 6

The Regatta, open to all residents and their guests, is a long-standing annual tradition in Lac-Tremblant-Nord, bringing our small community together for a BBQ and a day of activities for the whole family.

REGATTA SCHEDULE

11 AM TO 3 PM - BEACH ACTIVITIES ON THE SHORES OF LAKE TREMBLANT

- As in previous years, the event kicks off with a number of **beach activities on the shores of Lake Tremblant** (the location will be communicated to citizens before the event);
- Activities, **aimed at all age groups**, include canoe and swimming races, beach volleyball and many other activities for the whole family;
- **Trophies and ribbons will be awarded** to the winners and all participants;
- A **BBQ** (hamburgers, hot dogs, vegetarian options and non-alcoholic beverages) will also be served on the beach during the activities;
- As the Regatta is open to all citizens of the municipality, **anyone requiring boat transportation from the PLTN marina to the Regatta beach must inform the municipality before Friday, July 28**, by phone (819-425-8154) or email (communications@lac-tremblant-nord.qc.ca).

6 PM - BBQ AT THE PLTN MARINA

- Following the beach activities, a **BBQ provided by the municipality** (hamburgers, hot dogs, vegetarian options and non-alcoholic beverages) will be served at the PLTN marina for the occasion;
- During the BBQ, the **winner of the Lac-Tremblant-Nord Volunteer Award will be announced by Council**;
- In addition, an **information booth** on the **municipality's protected area project** and the various **voluntary conservation options** available to citizens on private land will be set up on site.

In closing, if you would like to offer your help to the municipality on August 5, or if you have any questions about the event, please do not hesitate to contact the municipal office by phone (819-425-8154) or by email (communications@lac-tremblant-nord.qc.ca).

More details about the event will be communicated to citizens in the coming weeks.

We look forward to seeing you on August 5 !

The Regatta Committee